

## **9-10 RULES**

1. 35 MINUTE HALVES (15 MINUTE QUARTERS WITH NO SUBS OR VERY HOT DAYS)

2. 10 VS 10 (9 FIELD PLAYERS AND 1 GOALIE)

3. OUT OF BOUNDS - THROW IN FROM THE SIDE (2 CHANCES)

4. CORNER KICKS, FREE KICKS, PENALTY KICKS

5. PENALTIES CALLED

6. OFFSIDES

7. WHISTLE ON STOPS AND STARTS IN PLAY

8. NO HEADING ALLOWED

9. SUBS ON ANY STOPPAGE OF PLAY WITH REFEREE

APPROVAL

10. GOAL KICKS CAN BE TO A PLAYER WITHIN THE 18 YARD BOX

11. GOALIE MUST HAVE ONE FOOT ON THE GOAL LINE AS THE BALL IS BEING STRUCK ON A PENALTY KICK